

Virtual Motivational Interviewing Trainings

These trainings are sponsored by the Oregon Health Authority's [Transformation Center](#) in partnership with [Boost Oregon](#).

1. Building Vaccine Confidence in the Clinic

This one-hour webinar focuses on creating a therapeutic space for clinic visits and building rapport through vaccine conversations. The webinar offers an introduction to using Motivational Interviewing to collaborate and connect with patients and families. Participants will learn about strategies to guide and inform, with case scenarios and examples from a pediatric practice. Facilitated by Ryan Hassan, MD, Boost Oregon's medical director.

Audience: Health care providers and immunizers

Training dates:

- May 20, noon–1 p.m., [register here](#)
- June 10, noon–1 p.m., [register here](#)
- June 17, noon–1 p.m., [register here](#)

2. Addressing Vaccine Hesitancy: Lessons from Motivational Interviewing

This one-hour webinar introduces the underlying philosophy and core skills of Motivational Interviewing as they apply to vaccine conversations. Participants will learn how using open questions, affirmations, reflective listening and recognizing autonomy can foster trust and collaboration. This session will also cover the use of the Ask-Offer-Ask framework for sharing vaccine information in a way that respects choice and encourages meaningful dialogue. Facilitated by Carrie Bader, MPH, Boost Oregon's training director.

Audience: Health care providers and immunizers

Training dates:

- May 19, noon–1 p.m., [register here](#)
- May 27, noon–1 p.m., [register here](#)
- June 4, noon–1 p.m., [register here](#)

3. Empathy in Action: Vaccine Conversations Across Cultures

Vaccine hesitancy is often connected to cultural identity and can be rooted in a wide range of factors, including historical trauma, religious practices and/or political

beliefs. This one-hour virtual session will review specific examples of culture-based reasons for vaccine hesitancy, how to broach this topic in a respectful manner, and how to use skills of Motivational Interviewing to promote vaccination in a culturally sensitive manner. Facilitated by Carrie Bader, MPH, Boost Oregon's training director and Caroline Nguyen Ticarro, Boost Oregon's executive director.

Audience: This session is designed for people with some knowledge of Motivational Interviewing but is open to all.

Training dates:

- May 21, noon–1 p.m., [register here](#)
- May 28, noon–1 p.m., [register here](#)

4. Navigating Vaccine Conversations: The Motivational Interviewing Approach

This three-hour virtual workshop is designed to equip health care providers with skills for effective vaccine discussions. This program offers an introduction to the principles of Motivational Interviewing, focusing on its application to conversations about vaccines. Participants will engage in interactive activities and practices to explore the core concepts of Motivational Interviewing. They will practice the use of open questions and reflective listening to encourage meaningful dialogue with patients. Additionally, the workshop covers approaches for providing information and advice that align with Motivational Interviewing principles, ensuring that interactions are supportive and patient centered. Facilitated by Ariel Singer, MPH, Boost Oregon Motivational Interviewing trainer. Please note that this is a highly participatory workshop; participants will be encouraged to have their cameras on for the entirety of the session to promote engagement in discussions and breakout activities.

Audience: Health care providers and immunizers

Training dates:

- June 11, 9 a.m.–noon, [register here](#) (space is limited)
- June 25, 9 a.m.–noon, [register here](#) (space is limited)

Questions and accommodation requests

Please reach out to Boost Oregon at training@boostoregon.org with training questions.

Please request accommodations related to disability or interpreter services at least two days in advance to the Transformation Center at

Transformation.Center@odhsoha.oregon.gov or 503-381-1104 (voice and text). We accept all relay calls. We will make every effort to provide services to requests received less than two days in advance. Please submit your request as early as possible.