

Frequently Asked Questions on November SNAP Benefits

Nov. 7, 2025

We're seeing some similar comments pop up now that we were able to issue November SNAP benefits in Oregon. Here are some answers to three common questions:

Q: The Trump Administration appealed the court ruling. If they win the appeal, will my benefits be removed from my EBT card?

A: No! The November SNAP benefits are yours. We won't try and take any back. There's a lot of technical and legal stuff that goes into this – but rest assured that you get to keep what you have now.

Q: What if I didn't get any benefits today or got less than what I was expecting?

A: This could be happening because of reduced SNAP benefits due to the federal H.R. 1 bill that passed in July. We sent out some communications about the new federal rules, which took effect for November benefits - but they were overshadowed by the shutdown's delay of SNAP for everyone. [You can read about the federal changes to SNAP here.](#)

If you read these rules and still believe you should have received a different payment amount, please call or visit your local ODHS office. [You can find contact information here.](#) You can also call the ONE Customer Service Center at 800-699-9075.

Q: Do you have any news about December SNAP benefits?

A: Unfortunately, no. We don't know what will happen with December SNAP benefits yet. The federal government is still shut down, and we don't know when the shutdown will end. If you are able, we encourage you to budget with this in

mind.

We also encourage anyone reading this to continue donating and volunteering with local food banks. We've seen so much heartening community support – and we want to make sure communities stay strong if the shutdown continues into December.

Visit <https://bit.ly/SNAP-updates> for updates and food resources.