

Stay Connected Stay Covered

Upcoming Oregon Health Plan changes What you need to know

Get ready

1. Update your contact information, any of these ways:
 - Go to benefits.oregon.gov
 - Call **1-800-699-9075** (relay calls welcome)
 - Visit an Oregon Department of Human Services office. Find a local office at ODHSoffices.oregon.gov
 - Find an OHP assister who can help at oregonhealthcare.gov/gethelp
2. Reply to renewal notices

Changes coming soon

- **Work or activity rules:** Starting in Jan. 1, 2027, at renewal some adults ages 19 to 64 may need to show proof of:
 - Work
 - School
 - Volunteer activities
 - Meeting an approved exemption
- **Renewal changes:** Starting in late 2027, some adults ages 19 to 64 will renew every six months. All other members will renew once a year.

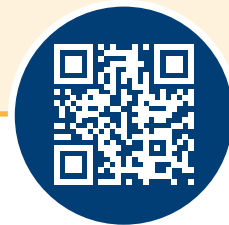
Learn more about the changes:

Sign up for Oregon Health News. oregon.gov/oha/ERD/Pages/Oregon-Health-News.aspx

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